

DIVORCE READINESS QUIZ

You are unhappy in your marriage. You are at your wits end to get your partner's attention. You've tried and tried. BUT, have you tried *everything, including counseling*? 70% of couples who get divorced never went to counseling. Another important bit of information is that 80% of problems in a marriage were brought into the marriage. Many of the heart issues both you and your mate are struggling with came from their family of origin. Basically, you probably have two dysfunctional families marrying and trying to make it work with all the wounds from each side.

Here are some things to consider if you think divorce will make you happier. If you answered even one of these questions no, you need to pursue wise counsel as to the next step ahead. Just because you aren't happy, doesn't mean your marriage is without hope. You can get rid of your partner, but that doesn't necessarily mean you will walk into an instant land of joy. As a matter of fact, your problems may actually become worse or at the very least you will be trading problems for more and different problems.

_____ Have you talked to any outside professional? Counselor, Therapist or Clergy?

_____ Have you taken positive steps to look at your own issues and how they are influencing the marriage?

_____ Have you considered the financial costs of living in two different places on the same and/or less income?

_____ If you are a stay-at-home Mom have you considered the ramifications of having to work full time PLUS doing everything you do now besides?

_____ Are you willing to transport your children back and forth between two homes as you learn to now co-parent your children?

_____ Have you considered how you will now handle holidays? Are you prepared to spend some holidays alone as you share your children with your spouse on *their* holiday?

_____ Have you researched the financial costs of divorce? Talked to a legal person to see the process and expenses involved?

_____ Have you considered your emotional distresses? Are your emotions getting in the way of the fact that you still do love your spouse?

_____ Is it possible that you are wanting is really positive changes in your marriage, *not* the complications of divorce for you and your children?